

Welcome Back Trojans!

Welcome back to all of our returning students and a special welcome to our incoming freshmen and new students. This is the first newsletter of this school year. In each issue, you will find information on what is currently happening in the Counseling Office, including scholarships, college and career planning resources, relevant articles and other opportunities.

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**OHS Counseling Mission**

To prepare students to be lifelong learners and responsible citizens in our community through a comprehensive program that will meet all students' academic, person, social, and career needs.

**What does a School Counselor Do?**

Many people often wonder what it is that a school counselor does on a daily basis. No longer do school counselors just sit in their office handing out college applications, making schedule changes for students who want to drop a class, or meet with only a small population of students. Today's school counselors are vital members of the education team. Professional school counselors assist all students in the areas of academic achievement, personal/social development, and college and career readiness development, ensuring today's students become productive, well adjusted adults for a better tomorrow.

**OHS Counselors Provide**

⇒ **Individual student planning**

- Goal setting
- Academic planning
- Career planning
- Transition planning

⇒ **Responsive Services**

- Individual/group counseling
- Crisis intervention
- Consultation/collaboration
- Referrals

⇒ **System support**

- Professional development
- Teams with all stake holders
- Program management and operation



**Juniors and Seniors...** Are you interested in attending Central Piedmont Community College? The college and career promise program may be just for you!

**career  
college** and  
**promise**

Success in today's global economy may require a two-or four-year degree, a certificate or diploma. Through Career & College Promise (CCP), qualified high-school-age students in North Carolina have the opportunity to pursue these options, tuition free, while they are in high school, allowing them to get a jumpstart on their workplace and college preparation

There will be a meeting at Central Piedmont Community Central Campus on October 15th. See your school counselor or academy Coordinator for more information.

## SAT and ACT Waivers

### Did you know you could possibly take the SAT or ACT free of charge?

Most four-year colleges require that you take the ACT or SAT test. If you were in CMS in 11th grade then you have already taken the ACT test. If you were not happy with your score you can sign up on your own to take it again (go to ACT.org). If you would like to take the SAT test you can sign up on your own through the College Board website (collegeboard.com). \*\*If you qualify for free or reduced lunch then I will give you an SAT Fee-Waiver which will waive the fee for the SAT test PLUS it will enable you to apply to up to four colleges for free (applications to apply to college can be \$60-\$80 each).

SEE YOUR COUNSELOR FOR MORE INFORMATION!

**FEE WAIVERS**

## Do You Tweet?

Did you know that Twitter can actually be a huge help when it comes to searching for colleges, applying for admission, and searching for scholarships? Keeping up with current trends, your school counseling department (along with the help of US News & World Report) has compiled a list of some great Twitter handles for you to follow.

□ @CollegeBoard College Board is the publisher of the SAT, SAT Subject Tests, AP Exams, and the PSAT. Their Twitter account offers college advice, answers to your questions, and stories from real students.

□ @SATQuestion Get helpful SAT Question of the Day information and links.

□ @VolunTEENation Volunteering can be crucial to your scholarship chances, and VolunTEEN Nation posts frequent volunteer opportunities and fantastic community service-oriented scholarships.

□ @USNewsEducation From choosing the right school to finding a job after college, US News tweets helpful articles about various topics that every college bound student should check out.

□ @CollegeWeekLive The “world’s largest college fair,” CollegeWeekLive brings together admissions, financial aid, and scholarship experts regularly; follow CollegeWeekLive on Twitter to ensure you don’t miss an event.

□ @FAFSA This is the official account of Federal Student Aid, the U.S. government’s financial-aid arm. Along with its new studentaid.gov website, this is an absolutely essential resource for college funding basics.

□ Follow the Colleges you want to learn more about. Sometimes admission offices even have free giveaways for college swag on Twitter.



# Operation College Application

**Feeling overwhelmed about the college application process?  
Not sure if you meet requirements for a certain school?  
Not sure where to start?**

**Your counselors are here to help! Your school counselors will be housed in the media center during lunch every other Friday start September 23rd to assist students with applying to college and answer any questions about the application process.**

**Seniors... Don't forget the early decision deadline for many colleges is December 1st!**



## SCHOLARSHIPS

### **The Park Scholarship**

Scholarship program with NC State University is a four-year scholarship given to students based on outstanding accomplishments, and potential in scholarship, leadership, service, and character. This scholarship is Four-year scholarship valued at \$92,000 in-state and \$149,000 out-of-state that includes tuition and fees, room and board, books and supplies, travel, and personal expenses. Students are to be nominated by their high school. Please see your counselor to be considered for nomination.

### **The John Montgomery Belk Scholarship**

Full scholarship (tuition, fees, room and board) to attend Davidson College. It is one of our nations' most prestigious and generous undergraduate scholarships. Students interested in applying for this scholarship must receive a nomination from their current high school. Please see your counselor to learn more about the nomination and application process.

### **UNC Chapel Hill Morehead-Cain Scholarship**

If you are interested in being nominated from Olympic High School, you must complete a preliminary application and participate in an interview process. There will be one nominee from each of Olympic's five schools. Please note that this scholarship application is an on-line process and can be accessed at <http://www.moreheadcain.org/>

The award includes 4 years of tuition and expenses as well as a full funded summer enrichment program, a laptop computer, and leadership experiences. (Note-you may also self-nominate for the Morehead-Cain Scholarship)

## REMIND 101

Want to stay in the loop with scholarship, internship, and college fair opportunities? Sign up for Remind 101. Text @troscholar to 81010 to receive important information that comes from the OHS Counseling Department.

